



**STUDENT ATHLETE  
LEADERSHIP  
TEAM  
S. A. L. T.**

**THE BIG IDEAS**

Everything rises and falls on leadership.

Leadership is influence. *The greater the influence, the greater the impact.*

In order to lead, you have to first lead yourself.

Leadership is tough. This is NOT a popularity contest!

Verbal leadership is even harder.

Talent is never enough. Perseverance, passion, belief, are all critical characteristics that are difference makers for leaders

Teams are often dysfunctional and are marked by a lack of trust. In most organizations, friction, confusion, and mediocrity come naturally. Leadership makes a difference.

Be, Know, Do (Character-Knowledge-Action) is the sequence of effective leadership. Leaders often “derail” (due to arrogance, a lack of self-awareness, lack of courage, lack of character, etc).

Good Teams have leaders who are accountable and who lead by example. Great teams have members that *hold each other accountable*.

**RESOURCES USED**

*Talent Is Never Enough (Maxwell, 2007)*

*Leadership 101 (Maxwell, 2002)*

*Five Dysfunctions of a Team (Lencioni, 2002)*

*Derailed (Tim Irwin, 2009)*

*Traits of an Elite Competitor (Brown, 2007)*

*Commitment Continuum System (Janssen, 2014)*

*Practice Perfect (Doug Lemov, 2012)*

*Burn Your Goals (Josh Medcalf, 2014)*

*Cory Dobbs sportleadership.com*

*Bruce Brown Proactive Coaching*

*Jeff Janssen Janssensportsleadership.com*

**“Before you are a leader, success is all about growing yourself. When you become a leader, success is all about growing others.” ~ Jack Welch**

## SALT APPLICATION (Student Athlete Leadership Team)

**Return this portion to the Athletic Office**

Limited slots are available.

- SALT TEAM MEETS FIRST AND THIRD WEDNESDAYS THAT ARE EARLY START DAYS.
- EACH SPRING THE TEAM GIVES A LEADERSHIP PRESENTATION TO MIDDLE SCHOOL STUDENTS.
- THERE MAY BE ONE MEETING PRIOR TO THE START OF SCHOOL.
- TEAM CAPTAINS ARE ENCOURAGED BUT NOT REQUIRED TO BE A PART OF S.A.L.T.
- SALT IS LIMITED TO 20 COMMITTED PARTICIPANTS.

Name \_\_\_\_\_

Grade \_\_\_\_\_

Address \_\_\_\_\_

Zip \_\_\_\_\_

E mail \_\_\_\_\_

Cell \_\_\_\_\_

Sports \_\_\_\_\_

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**I have read the material and I am interested in serving on the Student Athlete Leadership Team at FHS. I am willing to be identified as a leader in my school. I understand that this leadership includes learning first what a leader is, and then focuses on implementing leadership practices and ideas on my team. I have read and will abide by the expectations listed above. I want to develop as a leader and a team member. I will commit to attending regular meetings to the best of my ability.**

**I also realize that this involves taking a stand against the illegal use of drugs and alcohol, as well as any behaviors that deter any athlete at FHS from reaching his or her full potential. I will willingly drop out of the organization if I am unable to uphold its standards.**

Name \_\_\_\_\_ Date \_\_\_\_\_