

GUIDANCE FOR SCHOOLS

MOBILE RESPONSE AND STABILIZATION SERVICES (MRSS)

delivers mobile crisis response services to youth and families experiencing a crisis .

This intervention is available 24 hours a day, 7 days a week, 365 days per year.

If there is a mental health crisis youth and families can call 231-722-HELP and request an immediate mobile crisis response.

Examples of situations considered to be a mental health crisis:

- Student is threatening to harm self or others
- Student is having suicidal thoughts or feelings
- Student is putting themselves in danger
- Student is engaging in self harm or cutting
- Student and/or family voices they are in a mental health crisis

Examples of situations not immediately considered a mental health crisis:

- A fight
- Classroom behavioral issues such as throwing a desk, hiding under a desk, yelling
- Student running out of the classroom or down the halls

MRSS provides face to face or telehealth intervention within 1 to 24 hours of the request (one hour for urban areas, two hours for rural areas, or up to 24 hours later for a delayed response if that is requested by the youth/family.)

For full crisis response and assessment, parental consent must be obtained and it is preferred for the parent/guardian to participate in the intervention process.

It is recommended that before requesting a mobile crisis response in the school setting, the school crisis team or behavior specialist attempts to address the situation if appropriate (examples: classroom disruptions, fighting, getting sent out of class for behavior) using a variety of tools to help calm down the situation and work through the event.

If your school/district has a HealthWest School Based Clinician, you can consult with that individual around the need for a mobile crisis response if they are available. In some cases the school based clinician may be the "responder," and in other cases (such as if they have a schedule conflict), a team of two will be dispatched from HealthWest to respond to the students' needs.

Please note: HealthWest is not able to write a letter giving the "ok" for a youth to return to school. We do assessments to determine needs and strengths and if individuals qualify for services, but we do not (and can not) do assessments "clearing" a student to return to school. It is a family's choice if they wish to participate in an assessment or services and schools cannot require they are assessed at HealthWest before coming back to school.

